

Ambulantes Zentrum für contergangeschädigte Menschen in der Dr. Becker Rhein-Sieg-Klinik

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## HELP WITH CONTERGAN / THALIDOMIDE DAMAGE

Chronic neck or back pain, hip and knee problems, mental stress: if you are a contergan victim, these symptoms are probably familiar to you. In order to properly cope with these symptoms, the Dr. Becker Rhein-Sieg-Clinic in Nümbrecht founded the outpatient center for contergan victims in 2017, specialised in neurological, orthopedic and osteological rehabilitation.

With its special medical focus, the initiative for the center is the result of the long-term collaboration between Chief Physician Professor Dr. Peters and the Interessenverband Contergangsgeschädigter Nord-rhein-Westfalen e.V.

Our ambulatory care offer includes diagnostic, therapeutic and advisory services that are specifically tailored to your needs. It is an addition to the regular medical care system in Germany and helps to ensure your medical health care, nationwide even at old age. It offers:

- · Medical diagnostics, counseling and expertise
- Therapeutic assessment, training and trial treatments
- Psychotherapeutic counseling and explanation of treatment
- Advice on aids, rehabilitation and retirement, care, assistance, individual living accommodation, applications and much more
- Concept elaboration for further treatment and initiation of "close-to-home" care
- · Treatment-accompanying prescription of necessary remedies and aid
- · Follow-up visits at intervals of several months to monitor/review/check and adapt the course of therapy



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The patients are supported by the multiprofessional "Competence Team Contergan" of the Dr. Becker Rhein-Sieg-Clinic. It comprises 16 people, including two physicians, physiotherapists, ergotherapists, massage therapists and psychologists.

#### INDIVIDUAL SERVICES FOR EVERY PATIENT

In our outpatient center, an interdisciplinary medical network of various highly-qualified professional groups work together to enable the perfect coordination of medical, therapeutic and consulting services tailored to your needs and combined into a comprehensive treatment concept during your ambulatory visit of up to four days.

The Contergan Competence Team as well as the cooperating specialists and consultants will also develop a "close-to-home" treatment concept for you, which will be initiated by the center and monitored and adapted through follow-up visits at the center. We will organize all treatment appointments as well as any trips to external partners.

#### FOR WHOM IS THE OFFER AND WHO IS RESPONSIBLE FOR THE COSTS?

If you are a contergan victim, you can take advantage of our offer. We advise and treat patients across the country. Disabled people from abroad also are welcomed and can be treated. A private invoice will be issued. Hearing impaired and deaf patients can be supported by a sign language interpreter.

For legally-insured patients, the treatment costs are covered by statutory health insurance companies. Usually, state-aid and private insurance companies cover the cost of treatment for the center. Costs are not limited to one visit, but also allow subsequent visits.

### **CONTACT - FURTHER INFORMATION**

For registrations and further questions please contact our coordinator, Irmela Aurich:

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